

BREAKFAST SANDWICHES

• Served all day •

TODD'S MORNING GLORY 10.95
Pastrami with scrambled egg, melted Swiss cheese, spinach & stone-ground mustard on our buttered, toasted focaccia bread.

IRA'S BIG FISH 12.95
Scrambled eggs with lox, chive cream cheese, tomato, capers & sprouts on buttered, toasted pumpkin bread.

STEAK & EGGS 8.95
Roast beef, scrambled eggs, roasted red peppers & melted pepper Jack, on our plain bagel.

RYAN'S FAVORITE 7.95
Scrambled eggs with local Italian sausage, roasted red peppers, arugula & provolone cheese served warm on buttered toasted focaccia bread.

BIG SUR 6.45
Sausage, scrambled eggs, tomato & melted pepper Jack on our plain bagel.

EGGS CHRISTINA 4.60
Scrambled eggs with ham, on our plain bagel. **With cheese** 5.45

BRONX BAGEL 5.10
Scrambled eggs with sausage, on our plain bagel. **With cheese** 5.95


BROOKLYN BAGEL 4.85
Scrambled eggs with bacon, on our plain bagel. **With cheese** 5.70


ROUND HOUSE 8.20
Scrambled eggs, bacon, sausage, melted pepper jack and a hash brown on a rosemary salt bagel


DOWN IN THE VALLEY 7.25
Scrambled eggs with thick-sliced bacon, jalapeño cream cheese, roasted red pepper & fresh spinach, on toasted multigrain bread.


QUEENS 7.25
Egg salad, bacon & tomato open faced on a bagel.


VEGETARIAN & VEGAN


 **AVOCADO TOAST** 5.95
Avocado spread on oatmeal wheat toast topped with extra virgin olive oil, salt & pepper.


 **EGGS MELISSA** 4.50
Scrambled eggs with melted Cheddar cheese, on our plain bagel.

 **THE FLORENTINE** 6.35
Scrambled eggs, mushrooms, feta & fresh spinach, in a garlic herb wrap.

 **HUEVOS SONORA** 6.70
Scrambled eggs, avocado, house-made salsa & Cheddar, in a whole wheat wrap.

 **SOHO CROISSANT** 6.35
Veggie cream cheese, mushrooms, tomato & melted Swiss cheese, on a croissant.

 **TEX MEX** 5.20
Scrambled eggs with house-made salsa & melted Cheddar, on our plain bagel.

 **THE SUNRISE** 6.45
Scrambled eggs with avocado, red onion & melted pepper Jack, on our plain bagel.

SOME OF OUR LOCAL FOOD PARTNERS

- HELLER'S FARM • RED JACKET ORCHARDS • LIVELY RUN GOAT DAIRY
- BLACK CREEK FARM • DINOSAUR BAR-B-QUE • SUSIE'S SEITAN
- BYRNE DAIRY • SIDE HILL ACRES

BAGEL SANDWICHES

BAGELS

PLAIN • SESAME • CINNAMON RAISIN • GARLIC • GRANOLA • HONEY WHEAT
LONG ISLAND • ONION • POPPY • ROSEMARY SALT • SALT • SPICY ITALIAN
...PLUS SEASONAL FAVORITES!

BUTTER 1.95

CREAM CHEESE OR PHILLY LIGHT 2.95

WHIPPED CREAM CHEESE
Scallion, Parsley-Garlic, Green Olive, Chive, Jalapeño, Cinnamon-Raisin, Honey-Walnut 3.55

Veggie, Veggie Light, Bacon-Scallion 3.95
Nova 4.50

VEGAN CREAM CHEESE 4.45

JAM OR PRESERVES 2.65

PEANUT BUTTER 2.75

PEANUT BUTTER AND JELLY 3.25

NUTELLA 3.70

CINNAMON-SUGAR & BUTTER 2.45

HONEY & BUTTER 2.65


MELTED CHEESE 3.55


American, Cheddar, Mozzarella, Swiss, Muenster, Provolone or pepper Jack
Vegan Mozzarella 3.65


WHITEFISH SALAD 6.60

 **NOVA LOX & CREAM CHEESE** 9.95

PIZZA BAGEL 4.25
Pizza sauce & melted mozzarella
With Pepperoni 5.25

 **MEXICAN BAGEL** 5.30
Jalapeño cream cheese, fresh salsa & melted Cheddar

 **SAN DIEGO BAGEL** 4.05
Cream cheese and raspberry jalapeño spread

 **VEGETARIAN BAGEL** 5.30
Veggie cream cheese, tomato & melted Muenster

EXTRAS 50¢ on sandwiches under 4.75
Lettuce, tomato, sprouts or onions

CHECK OUT THE CHALKBOARDS

OR VISIT ITHACABAKERY.COM

FOR THE CURRENT MONTHLY SPECIALS

Delivery

7 DAYS A WEEK!

ORDER ONLINE @ WWW.ITHACABAKERY.COM

Prices subject to change without notice.

Last updated 7/20



MENU

DINE IN

TAKE OUT

DELIVERY

OPEN 7 DAYS A WEEK

400 N. MEADOW STREET 607.273.7110
TRIPHAMMER MARKETPLACE 607.257.2255

WWW.ITHACABAKERY.COM

GRILLED PANINIS

RENWICK REUBEN 10.50
Corned beef, local sauerkraut, Swiss & Russian dressing grilled on our rye bread.


THE MILANESE 10.50
Cage-free chicken breast, roasted red peppers, pesto mayonnaise, provolone & Italian herbs on our rosemary focaccia.


THE PARISIAN 9.50
Roast turkey, house-made 3-fruit chutney, fresh spinach & Brie on our sourdough bread.


THE ITALIAN 10.25
Salami, prosciutto, house-made pesto, spinach, tomato & provolone on our rosemary focaccia.

THE CUBAN 10.95
Pulled pork, ham, dill pickles, Swiss & Dijon mustard, on our buttered French bread.

ZABS 8.95
Roast turkey breast, avocado, chipotle aioli dressing and sliced Mozzarella Panini pressed on ciabatta bread.

 **VANNE OF DANBY** 7.30
Avocado, spinach, tomato & red onion with Swiss cheese on our oatmeal wheat bread.

 **SHERWOOD FOREST** 8.95
Balsamic-marinated portobello mushroom, tomato, house-made pesto & mozzarella, on our ciabatta bread.

 **VEG BURGER DeLUXE** 7.95
Delicious oversized moist veggie burger with caramelized onions, Cheddar, mushrooms and Russian dressing, grilled on our rye bread.

CREATE YOUR OWN NY DELI STYLE

STEP 1: PICK YOUR PROTEIN

Cage-free Chicken	7.50
Cheese	5.80
Chicken Salad	6.50
Corned Beef	8.95
Egg Salad	4.75
Genoa Salami	6.50
Ham	6.50
Hummus	4.75
Pastrami	8.95
Proscuitto	7.30
Roast Beef	6.80
Seiten (Susie's)	7.50
Smoked Turkey	6.95
Tuna Salad (Solid White)	6.50
Turkey	6.50
Vegan Mozzarella	6.50

STEP 2: PICK YOUR BREAD

Served on Oatmeal Wheat, Pumpernickel, Rye or Sourdough breads, Wraps, Baguette, Bialy, Ciabatta, Kaiser roll, Multigrain roll or Focaccia.

Croissant, Hand-sliced Pumpernickel or Multigrain bread, add 50¢

STEP 3: GET CREATIVE

Included: Mayo, Dijon, Deli or honey mustard; Russian, Aioli, Chipotle Aioli, Parsley-Garlic or Vinaigrette dressing, lettuce, tomato, sprouts, banana peppers or red onion.

PREMIUM INGREDIENTS

Artichoke Hearts	1.00
Avocado	1.50
Capers	.50
Chutney	.75
Cucumbers	.50
Mushrooms	.75
Pesto	1.50
Roasted Red Peppers	1.00
Salsa	.75
Spinach	.50
Sun-Dried Tomatoes	1.00

Add two slices of cheese: American, Cheddar, Mozzarella, Muenster, Pepper Jack, Provolone, or Swiss add 85¢

Vegan Mozzarella add 2.00

Half of a NY Deli Sandwich is half price plus 75¢!

SPECIALTY SANDWICHES

TURKEY & SMOKED TURKEY

DANBY REVISITED 8.95
Smoked turkey breast, avocado, tomato & house-made parsley-garlic dressing, on our hand-sliced multigrain bread.

FLAT ROCK 9.95
Roast turkey, local goat cheese, sun-dried tomatoes, basil oil & balsamic vinegar, on our baguette.

SWEET RACHEL 9.30
Smoked turkey, muenster, honey mustard & red onion, on our hand-sliced pumpernickel bread.

CALIFORNIA DREAMIN' 9.95
Smoked turkey breast, avocado & house-made coleslaw, on our hand-sliced multigrain bread.

TURKEY HILL B.L.T. 9.50
Turkey, bacon, aioli dressing, lettuce & tomato, on our hand-sliced pumpernickel bread.

LINDSEY 8.25
Turkey, mushrooms, house-made parsley-garlic dressing & Muenster, served warm on our bialy.

THE OCTOPUS 8.25
Roast turkey breast, house-made coleslaw, Russian dressing & Swiss, on our pumpernickel bread.

MILES' DOUBLE TAKE 11.50
Turkey, smoked turkey, thick-cut bacon, Swiss cheese, arugula & tomato, with basil mayonnaise on our honey roll.

AUTUMN SKY 11.50
Smoked turkey breast, bacon, spinach, apples, cheddar cheese & whole grain mustard on sourdough.

HAM, BACON & SALAMI

LAURA'S SWEET SURPRISE 10.95
Pulled pork, manchego cheese, caramelized onions, strawberry jam & balsamic reduction served warm on our toasted French bread.

WEST WILLOW BBQ 9.95
Pulled pork in Dinosaur BBQ sauce, served warm and topped with house-made coleslaw on our freshly baked honey roll.

C.T.B.L.T. 7.25
Bacon, lettuce & tomato with aioli dressing and avocado on our toasted sourdough bread.

KING DUSTIN'S HOAGIE 11.95
Ham, salami, prosciutto, provolone, lettuce, tomato & onion with basil oil on our torpedo roll.

BEEF

DUKE OF LANSING 9.50
Rare roast beef, lettuce, tomato & Stilton cheese/whole-grain mustard spread on our hand-sliced pumpernickel bread.

THE NEW YORKER 10.50
Pastrami with melted Swiss, Russian dressing & coleslaw on our toasted honey roll.

CARNEGIE 12.95
1/2 pound pastrami with deli mustard on our rye bread.

SPECIALTY SANDWICHES

CHICKEN & FISH

FULTON ST. MELT 7.35
House-made albacore tuna salad with tomato & melted Cheddar, served open-face on our plain bagel.

T-BURG WITH A TWIST 8.00
House-made tuna salad with avocado and tomato, on our pumpernickel bread.


TUSCAN VERDE 9.80
Cage-free chicken breast with house-made pesto, fresh spinach, tomato & provolone, on our rosemary focaccia.


MT. PLEASANT 7.95
House-roasted chicken breast, fresh spinach, tomato & chipotle aioli, on our sourdough bread.


THE CUTLET 9.95
Chicken cutlet with Italian herbs, provolone, basil mayo & roasted red peppers served warm on our torpedo roll.


AUGIE'S NEW SPIEDIE 10.25
Cage-free chicken breast, marinated in local spiedie sauce, roasted red peppers, onions, arugula & provolone, served warm on our toasted French bread.


VEGETARIAN & VEGAN


 **VIVA CHELSEA!** 8.00
Fresh mozzarella with basil oil, tomato, salt & pepper, on our rosemary focaccia.


 **JONAH'S JIVE** 6.50
House-made hummus, fresh spinach, tomato, cucumber & house-made parsley-garlic dressing on our hand-sliced multigrain bread.


 **SUSIE'S GARDEN** 10.95
Local lemon teriyaki seitan, vegan mozzarella, avocado, lettuce, tomato & sprouts, on our multigrain bread.


 **DEWITT MELT** 4.80
House-made coleslaw, tomato & Swiss, served warm on our fresh bialy.

 **CAYUGA CROISSANT** 7.25
Avocado, tomato, mushrooms, sprouts & house-made parsley-garlic dressing, on a croissant.

 **MICHIGAN HOLLOW** 7.85
Balsamic-marinated portobello mushroom with roasted red peppers, house-made parsley-garlic dressing & provolone, served warm on our multigrain roll.

 **BUTTERMILK BIALY** 4.80
Meunster, tomato sprouts & Dijon, served warm on our bialy.

 **EAST FALLS** 8.25
Veggie burger, mushrooms, caramelized onions, Dinosaur BBQ sauce, tomato & Swiss, served warm on our multigrain roll.

 **VAN DORN'S VEGAN** 5.95
House-made hummus, roasted red peppers, tomato & sprouts, on our oatmeal wheat bread.

WE SERVE
Beer,
Wine, and
Cider!

(MEADOW ST. STORE ONLY)

**GLUTEN FREE
BREADS & BAGELS
ADD 1.50**

LOOK FOR THESE SYMBOLS THROUGHOUT OUR STORES

WE CARRY

PROUD MEMBERS



LOCAL



ORGANIC



VEGETARIAN



VEGAN



PRIDE OF NEW YORK