



INDIVIDUALLY PACKED ENTREES

Available in the Grab 'N Go case at all Ithaca Bakery and Collegetown Bagels locations

NOV 22-28

- Roast Turkey w/ Green Bean & Wild Mushroom Cassrole, Roasted Garlic Mashed Potatoes & Gravy
- Roast Pork Tenderloin w/ Whole Grain Mustard Sauce, Green Bean & Wild Mushroom Casserole & Maple Sweet Potato Mashed
- Stuffed Acorn Squash, Green Bean & Wild Mushroom Casserole, Roasted Brussels Sprouts & Butternut Squash

NOV 29-DEC 2

- Rosemary Lemon Chicken, Okra Parmesan with Garlic and Rosemary Cauliflower Puree
- Jalapeño Citrus Salmon with Herbed Cous Cous and Morroccan Spiced Carrots
- Indian Style Beef Satay, Okra Masala and Israeli Cous Cous w/ Dates and Pistachios
- Coconut Vegetable Curry with Almond Rice Pilaf & Skillet Greens