

BREAKFAST SANDWICHES

• Served all day •

EARLY BIRD 7.85

Chicken sausage, cream cheese, honey, apple, sharp cheddar and cage-free egg, panini pressed on sourdough

TODD'S MORNING GLORY 10.95

Pastrami with cage-free egg, melted Swiss cheese, spinach & stone-ground mustard on our buttered, toasted focaccia bread

IRA'S BIG FISH 12.95

Cage-free egg with lox, chive cream cheese, tomato, capers & sprouts on buttered, toasted pumpkin bread

STEAK & EGGS 8.95

Roast beef, cage-free egg, roasted red peppers & melted pepper Jack, on our plain bagel

RYAN'S FAVORITE 8.25

Cage-free egg with local Italian sausage, roasted red peppers, arugula & provolone cheese served warm on buttered toasted focaccia bread

BIG SUR 6.50

Sausage, cage-free egg, tomato & melted pepper Jack on our plain bagel

EGGS CHRISTINA 4.60

Cage-free egg with ham, on our plain bagel. **With cheese** 5.45

BRONX BAGEL 5.25

Cage-free egg with sausage, on our plain bagel. **With cheese** 6.10

BROOKLYN BAGEL 4.95

Cage-free egg with bacon, on our plain bagel. **With cheese** 5.80

DOWN IN THE VALLEY 8.50

Cage-free egg with thick-sliced bacon, jalapeño cream cheese, roasted red pepper & fresh spinach, on toasted multigrain bread

ROUND HOUSE 8.50

Cage-free egg, bacon, sausage, melted pepper Jack and a hash brown on a rosemary salt bagel

QUEENS 7.25

Egg salad, bacon & tomato open faced on a bagel

VEGETARIAN & VEGAN

THE POWER PLANT 8.50

JUST egg, Beyond sausage, vegan cheese with arugula and vegan roasted garlic aioli, on our plain bagel

GREEN STREET 7.65

Pesto, tomato, feta, and egg whites scrambled with arugula on an English muffin

EGGS MELISSA 4.65

Cage-free egg with melted Cheddar cheese, on our plain bagel

THE FLORENTINE 6.55

Cage-free egg, mushrooms, feta & fresh spinach, in a garlic herb wrap

HUEVOS SONORA 6.90

Cage-free egg, avocado, house-made salsa & Cheddar, in a whole wheat wrap

SOHO CROISSANT 6.35

Veggie cream cheese, mushrooms, tomato & melted Swiss cheese, on a croissant

TEX MEX 5.40

Cage-free egg with house-made salsa & melted Cheddar, on our plain bagel

CALIFORNIA SUNRISE 6.50

Cage-free egg with avocado, red onion & melted pepper Jack, on our plain bagel

BAGEL SANDWICHES

BAGELS

PLAIN • SESAME • CINNAMON RAISIN • GARLIC • GRANOLA • HONEY WHEAT
LONG ISLAND • ONION • POPPY • ROSEMARY SALT • SALT • SPICY ITALIAN
ZA'ATAR SESAME ...PLUS SEASONAL FAVORITES!

BUTTER 2.05

CREAM CHEESE OR PHILLY LIGHT 3.20

WHIPPED CREAM CHEESE

Scallion, Parsley-Garlic, Green Olive, Chive, Jalapeño, Cinnamon-Raisin, Honey-Walnut 3.75

Veggie, Veggie Light, Bacon-Scallion 4.20

Nova 4.95

VEGAN CREAM CHEESE 4.45

JAM OR PRESERVES 2.85

PEANUT BUTTER 2.95

PEANUT BUTTER AND JELLY 3.45

NUTELLA 3.95

CINNAMON-SUGAR & BUTTER 2.55

HONEY & BUTTER 2.75

MELTED CHEESE 3.55

American, Cheddar, Mozzarella, Swiss, Muenster, Provolone or Pepper Jack
Vegan Cheese 3.95

WHITEFISH SALAD 6.60

NOVA LOX & CREAM CHEESE 9.95

PIZZA BAGEL 4.25

Pizza sauce & melted mozzarella
With Pepperoni 5.25

MEXICAN BAGEL 5.30

Jalapeño cream cheese, fresh salsa & melted cheddar

SAN DIEGO BAGEL 4.20

Cream cheese and raspberry jalapeño spread

VEGETARIAN BAGEL 5.30

Veggie cream cheese, tomato & melted Muenster

AVOCADO TOAST

AVOCADO TOAST 5.95

Avocado spread on oatmeal wheat toast topped with extra virgin olive oil, salt & pepper

AVOCADO TOAST #1 8.95

Avocado with goat cheese, sun dried tomatoes, olive oil, salt and pepper on oatmeal wheat

AVOCADO TOAST #2 9.95

Avocado with feta crumbles, bacon, olive oil, salt and pepper on oatmeal wheat

AVOCADO TOAST #3 8.45

Avocado with arugula, cage-free eggs, olive oil, salt and pepper on oatmeal wheat

Delivery

7 DAYS A WEEK!

ORDER ONLINE @ WWW.ITHACABAKERY.COM

Prices subject to change without notice.

Last updated 8/21



MENU

DINE IN

TAKE OUT

DELIVERY

OPEN 7 DAYS A WEEK

400 N. MEADOW STREET 607.273.7110
TRIPHAMMER MARKETPLACE 607.257.2255

WWW.ITHACABAKERY.COM

GRILLED PANINIS

RENWICK REUBEN 8.95
Corned beef, local sauerkraut, Swiss & Russian dressing grilled on our rye bread

THE MILANESE 10.50
Cage-free chicken breast, roasted red peppers, pesto mayonnaise, provolone & Italian herbs on our rosemary focaccia

THE PARISIAN 9.50
Roast turkey, house-made 3-fruit chutney, fresh spinach & Brie on our sourdough bread

THE ITALIAN 10.25
Salami, prosciutto, house-made pesto, spinach, tomato & provolone on our rosemary focaccia

THE CUBAN 10.95
Pulled pork, ham, dill pickles, Swiss & Dijon mustard, on our buttered French bread

ZABS 8.95
Roast turkey breast, avocado, chipotle aioli dressing and sliced mozzarella panini pressed on ciabatta bread

PLANT BASED PARM 10.95
Vegan chicken patty panini pressed on focaccia bread with basil oil and vegan mozzarella cheese

VANNE OF DANBY 7.30
Avocado, spinach, tomato & red onion with Swiss cheese on our oatmeal wheat bread

SHERWOOD FOREST 8.95
Balsamic-marinated portobello mushroom, tomato, house-made pesto & mozzarella, on our ciabatta bread

VEG BURGER DeLUXE 7.95
Delicious oversized moist veggie burger with caramelized onions, Cheddar, mushrooms and Russian dressing, grilled on our rye bread

CREATE YOUR OWN

NY DELI STYLE

STEP 1: PICK YOUR PROTEIN

| | |
|--------------------------|------|
| Cage-free Chicken | 7.50 |
| Cheese | 5.50 |
| Chicken Salad | 6.50 |
| Corned Beef | 7.95 |
| Egg Salad | 4.75 |
| Genoa Salami | 6.50 |
| Ham | 6.50 |
| Hummus | 4.75 |
| Pastrami | 8.95 |
| Prosciutto | 7.30 |
| Roast Beef | 6.95 |
| Seitan (Susie's) | 7.30 |
| Smoked Turkey | 6.95 |
| Tuna Salad (Solid White) | 6.50 |
| Turkey | 6.50 |
| Vegan Cheese | 5.90 |

STEP 2: PICK YOUR BREAD

Served on Oatmeal Wheat, Pumpernickel, Rye or Sourdough breads, Wraps, Baguette, Bialy, Ciabatta, Kaiser roll, Multigrain roll or Focaccia.

Croissant, Hand-sliced Pumpernickel or Hand-sliced Multigrain bread, add 50¢

STEP 3: GET CREATIVE

Included: Mayo, Dijon, Deli or honey mustard; Russian, Aioli, Chipotle Aioli, Parsley-Garlic or Vinaigrette dressing, lettuce, tomato, sprouts, banana peppers or red onion

PREMIUM INGREDIENTS

| | |
|---------------------|------|
| Avocado | 1.50 |
| Capers | .50 |
| Chutney | .75 |
| Cucumbers | .50 |
| Mushrooms | .75 |
| Pesto | 1.50 |
| Roasted Red Peppers | 1.00 |
| Salsa | .75 |
| Spinach | .50 |
| Sun-Dried Tomatoes | 1.00 |

Add two slices of cheese: American, Cheddar, Mozzarella, Muenster, Pepper Jack, Provolone, or Swiss add 85¢

Vegan Cheese add 2.00

SPECIALTY SANDWICHES

TURKEY & SMOKED TURKEY

DANBY REVISITED 8.95
Smoked turkey breast, avocado, tomato & house-made parsley-garlic dressing, on our hand-sliced multigrain bread

FLAT ROCK 9.95
Roast turkey, local goat cheese, sun-dried tomatoes, basil oil & balsamic vinegar, on our baguette

SWEET RACHEL 9.30
Smoked turkey, Muenster, honey mustard & red onion, on our hand-sliced pumpernickel bread

CALIFORNIA DREAMIN' 9.95
Smoked turkey breast, avocado & house-made coleslaw, on our hand-sliced multigrain bread

TURKEY HILL B.L.T. 9.50
Turkey, bacon, aioli dressing, lettuce & tomato, on our hand-sliced pumpernickel bread

LINDSEY 8.25
Turkey, mushrooms, house-made parsley-garlic dressing & Muenster, served warm on our bialy

THE OCTOPUS 8.25
Roast turkey breast, house-made coleslaw, Russian dressing & Swiss, on our pumpernickel bread

MILES' DOUBLE TAKE 11.50
Turkey, smoked turkey, thick-cut bacon, Swiss cheese, arugula & tomato, with basil mayonnaise on our brioche roll

AUTUMN SKY 11.50
Smoked turkey breast, bacon, spinach, apples, Cheddar cheese & whole grain mustard on sourdough

HAM, BACON & SALAMI

LAURA'S SWEET SURPRISE 10.95
Pulled pork, Manchego cheese, caramelized onions, strawberry jam & balsamic reduction served warm on our toasted French bread

WEST WILLOW BBQ 9.95
Pulled pork in Dinosaur BBQ sauce, served warm and topped with house-made coleslaw on our freshly baked brioche roll

C.T.B.L.T. 7.25
Bacon, lettuce & tomato with aioli dressing and avocado on our toasted sourdough bread

KING DUSTIN'S HOAGIE 11.95
Ham, salami, prosciutto, provolone, lettuce, tomato & onion with basil oil on our torpedo roll

BEEF

DUKE OF LANSING 9.50
Rare roast beef, lettuce, tomato & Stilton cheese/whole-grain mustard spread on our hand-sliced pumpernickel bread

THE NEW YORKER 10.50
Pastrami with melted Swiss, Russian dressing & coleslaw on our toasted brioche roll

CARNEGIE 12.95
1/2 pound pastrami with deli mustard on our rye bread

SPECIALTY SANDWICHES

CHICKEN & FISH

FULTON ST. MELT 7.35
House-made albacore tuna salad with tomato & melted Cheddar, served open-face on our plain bagel

T-BURG WITH A TWIST 8.00
House-made tuna salad with avocado and tomato, on our pumpernickel bread

TUSCAN VERDE 9.80
Cage-free chicken breast with house-made pesto, fresh spinach, tomato & provolone, on our rosemary focaccia

MT. PLEASANT 7.95
House-roasted chicken breast, fresh spinach, tomato & chipotle aioli, on our sourdough bread

THE CUTLET 9.95
Chicken cutlet with Italian herbs, provolone, basil mayo & roasted red peppers served warm on our torpedo roll

AUGIE'S NEW SPIEDIE 10.25
Cage-free chicken breast, marinated in local spiedie sauce, roasted red peppers, onions, arugula & provolone, served warm on our toasted French bread

VEGETARIAN & VEGAN

VIVA CHELSEA! 8.00
Fresh mozzarella with basil oil, tomato, salt & pepper, on our rosemary focaccia

JONAH'S JIVE 6.50
House-made hummus, fresh spinach, tomato, cucumber & house-made parsley-garlic dressing on our hand-sliced multigrain bread

SUSIE'S GARDEN 10.95
Local lemon teriyaki seitan, vegan cheese, avocado, lettuce, tomato & sprouts, on our hand-sliced multigrain bread

DEWITT MELT 4.80
House-made coleslaw, tomato & Swiss, served warm on our fresh bialy

CAYUGA CROISSANT 7.25
Avocado, tomato, mushrooms, sprouts & house-made parsley-garlic dressing, on a croissant

MICHIGAN HOLLOW 7.85
Balsamic-marinated portobello mushroom with roasted red peppers, house-made parsley-garlic dressing & provolone, served warm on our multigrain roll

BUTTERMILK BIALY 4.80
Muenster, tomato sprouts & Dijon, served warm on our bialy

EAST FALLS 8.25
Veggie burger, mushrooms, caramelized onions, Dinosaur BBQ sauce, tomato & Swiss, served warm on our multigrain roll

VAN DORN'S VEGAN 5.95
House-made hummus, roasted red peppers, tomato & sprouts, on our oatmeal wheat bread

WE SERVE
Beer,
Wine, and
Cider!
(MEADOW ST. STORE ONLY)

LOOK FOR THESE SYMBOLS THROUGHOUT OUR STORES

WE CARRY

PROUD MEMBERS



LOCAL



ORGANIC



VEGETARIAN



VEGAN



PROUD MEMBER

GLUTEN FREE
BREADS & BAGELS
ADD 1.50