

# BREAKFAST SANDWICHES

• Served all day •

**EARLY BIRD** 7.85  
Chicken sausage, cream cheese, honey, apple, sharp cheddar and cage-free egg, panini pressed on sourdough.

**TODD'S MORNING GLORY** 10.95  
Pastrami with cage-free egg, melted Swiss cheese, spinach & stone-ground mustard on our buttered, toasted focaccia bread.

**IRA'S BIG FISH** 12.95  
Cage-free eggs with lox, chive cream cheese, tomato, capers & sprouts on buttered, toasted pumpkin bread.

**STEAK & EGGS** 8.95  
Roast beef, cage-free eggs, roasted red peppers & melted pepper jack, on our plain bagel.

**RYAN'S FAVORITE** 8.25  
Cage-free eggs with local Italian sausage, roasted red peppers, arugula & provolone cheese served warm on buttered toasted focaccia bread.

**BIG SUR** 6.50  
Sausage, cage-free eggs, tomato & melted pepper jack on our plain bagel.

**EGGS CHRISTINA** 4.75  
Cage-free eggs with ham, on our plain bagel. **With cheese** 5.60

**BRONX BAGEL** 5.25  
Cage-free eggs with sausage, on our plain bagel. **With cheese** 6.10

**BROOKLYN BAGEL** 4.95  
Cage-free eggs with bacon, on our plain bagel. **With cheese** 5.80

**DOWN IN THE VALLEY** 8.50  
Cage-free eggs with thick-sliced bacon, jalapeño cream cheese, roasted red pepper & fresh spinach, on toasted multigrain bread.

**ROUND HOUSE** 8.40  
Cage-free eggs, bacon, sausage, melted pepper jack and a hash brown on a rosemary salt bagel

**QUEENS** 7.25  
Egg salad, bacon & tomato open faced on a bagel.

## VEGETARIAN & VEGAN

**AVOCADO TOAST** 5.95  
Avocado spread on oatmeal wheat toast topped with extra virgin olive oil, salt & pepper.

**THE POWER PLANT** 8.50  
JUST egg, Beyond sausage, vegan cheese with arugula and vegan roasted garlic aioli, on our plain bagel.

**GREEN STREET** 7.65  
Pesto, tomato, feta, and egg whites scrambled with arugula on an English muffin.

**EGGS MELISSA** 4.65  
Cage-free eggs with melted cheddar cheese, on our plain bagel.

**THE FLORENTINE** 6.55  
Cage-free eggs, mushrooms, feta & fresh spinach, in a garlic herb wrap.

**HUEVOS SONORA** 6.90  
Cage-free eggs, avocado, house-made salsa & cheddar, in a whole wheat wrap.

**SOHO CROISSANT** 6.80  
Veggie cream cheese, mushrooms, tomato & melted Swiss cheese, on a croissant.

**TEX MEX** 5.40  
Cage-free eggs with house-made salsa & melted cheddar, on our plain bagel.

**THE SUNRISE** 6.50  
Cage-free eggs with avocado, red onion & melted pepper jack, on our plain bagel.

# BAGEL SANDWICHES

## BAGELS

PLAIN • SESAME • CINNAMON RAISIN • GARLIC • GRANOLA • HONEY WHEAT  
LONG ISLAND • ONION • POPPY • ROSEMARY SALT • SALT • SPICY ITALIAN  
ZA'ATAR SESAME ...PLUS SEASONAL FAVORITES!

**BUTTER** 2.05

**CREAM CHEESE OR PHILLY LIGHT** 3.20

**WHIPPED CREAM CHEESE**  
Scallion, Parsley-Garlic, Green Olive, Chive, Jalapeño, Cinnamon-Raisin, Honey-Walnut 3.75

Veggie, Veggie Light, Bacon-Scallion 4.20  
Nova 4.95

**VEGAN CREAM CHEESE** 4.45

**JAM OR PRESERVES** 2.85

**PEANUT BUTTER** 2.95

**PEANUT BUTTER AND JELLY** 3.45

**NUTELLA** 3.95

**CINNAMON-SUGAR & BUTTER** 2.55

**HONEY & BUTTER** 2.75

**MELTED CHEESE** 3.55

American, Cheddar, Mozzarella, Swiss, Muenster, Provolone or Pepper Jack  
Vegan Cheese 3.95

**WHITEFISH SALAD** 6.60

**NOVA LOX & CREAM CHEESE** 9.95

**PIZZA BAGEL** 4.25

Pizza sauce & melted mozzarella  
With Pepperoni 5.25

**MEXICAN BAGEL** 5.30

Jalapeño cream cheese, fresh salsa & melted cheddar

**SAN DIEGO BAGEL** 4.20

Cream cheese and raspberry jalapeño spread

**VEGETARIAN BAGEL** 5.30

Veggie cream cheese, tomato & melted Muenster

**EXTRAS** 50¢ on sandwiches under 4.75  
Lettuce, tomato, sprouts or onions

## CHECK OUT THE CHALKBOARDS

OR VISIT [ITHACABAKERY.COM](http://ITHACABAKERY.COM)

FOR THE CURRENT MONTHLY SPECIALS

*Delivery*

**7 DAYS A WEEK!**

**ORDER ONLINE @ [WWW.ITHACABAKERY.COM](http://WWW.ITHACABAKERY.COM)**

Prices subject to change without notice.

Last updated 5/21



## MENU

DINE IN

TAKE OUT

DELIVERY

**OPEN 7 DAYS A WEEK**

400 N. MEADOW STREET 607.273.7110  
TRIPHAMMER MARKETPLACE 607.257.2255

[WWW.ITHACABAKERY.COM](http://WWW.ITHACABAKERY.COM)

## GRILLED PANINIS

**RENWICK REUBEN** 8.95  
Corned beef, local sauerkraut, Swiss & Russian dressing grilled on our rye bread.


**THE MILANESE** 10.50  
Cage-free chicken breast, roasted red peppers, pesto mayonnaise, provolone & Italian herbs on our rosemary focaccia.


**THE PARISIAN** 9.50  
Roast turkey, house-made 3-fruit chutney, fresh spinach & brie on our sourdough bread.


**THE ITALIAN** 10.25  
Salami, prosciutto, house-made pesto, spinach, tomato & provolone on our rosemary focaccia.

**THE CUBAN** 10.95  
Pulled pork, ham, dill pickles, Swiss & Dijon mustard, on our buttered French bread.

**ZABS** 8.95  
Roast turkey breast, avocado, chipotle aioli dressing and sliced mozzarella panini pressed on ciabatta bread.

 **VANNE OF DANBY** 7.30  
Avocado, spinach, tomato & red onion with Swiss cheese on our oatmeal wheat bread.

 **SHERWOOD FOREST** 8.95  
Balsamic-marinated portobello mushroom, tomato, house-made pesto & mozzarella, on our ciabatta bread.

 **VEG BURGER DeLUXE** 7.95  
Delicious oversized moist veggie burger with caramelized onions, cheddar, mushrooms and Russian dressing, grilled on our rye bread.

## CREATE YOUR OWN NY DELI STYLE

### STEP 1: PICK YOUR PROTEIN

Cage-free Chicken	7.50
Cheese	5.80
Chicken Salad	6.50
Corned Beef	8.95
Egg Salad	4.75
Genoa Salami	6.50
Ham	6.50
Hummus	4.75
Pastrami	8.95
Prosciutto	7.30
Roast Beef	6.80
Seitan (Susie's)	7.50
Smoked Turkey	6.95
Tuna Salad (Solid White)	6.50
Turkey	6.50
Vegan Cheese	6.50

### STEP 2: PICK YOUR BREAD

Served on Oatmeal Wheat, Pumpernickel, Rye or Sourdough breads, Wraps, Baguette, Bialy, Ciabatta, Kaiser roll, Multigrain roll or Focaccia.

Croissant, Hand-sliced Pumpernickel or Multigrain bread, add 50¢

### STEP 3: GET CREATIVE

**Included:** Mayo, Dijon, Deli or honey mustard; Russian, Aioli, Chipotle Aioli, Parsley-Garlic or Vinaigrette dressing, lettuce, tomato, sprouts, banana peppers or red onion.

#### PREMIUM INGREDIENTS

Artichoke Hearts	1.00
Avocado	1.50
Capers	.50
Chutney	.75
Cucumbers	.50
Mushrooms	.75
Pesto	1.50
Roasted Red Peppers	1.00
Salsa	.75
Spinach	.50
Sun-Dried Tomatoes	1.00

**Add two slices of cheese:** American, Cheddar, Mozzarella, Muenster, Pepper Jack, Provolone, or Swiss add 85¢

Vegan Cheese add 2.00

Half of a NY Deli Sandwich is half price plus 75¢!

## SPECIALTY SANDWICHES

### TURKEY & SMOKED TURKEY

**DANBY REVISITED** 8.95  
Smoked turkey breast, avocado, tomato & house-made parsley-garlic dressing, on our hand-sliced multigrain bread.

**FLAT ROCK** 9.95  
Roast turkey, local goat cheese, sun-dried tomatoes, basil oil & balsamic vinegar, on our baguette.

**SWEET RACHEL** 9.30  
Smoked turkey, muenster, honey mustard & red onion, on our hand-sliced pumpernickel bread.

**CALIFORNIA DREAMIN'** 9.95  
Smoked turkey breast, avocado & house-made coleslaw, on our hand-sliced multigrain bread.

**TURKEY HILL B.L.T.** 9.50  
Turkey, bacon, aioli dressing, lettuce & tomato, on our hand-sliced pumpernickel bread.

**LINDSEY** 8.25  
Turkey, mushrooms, house-made parsley-garlic dressing & Muenster, served warm on our bialy.

**THE OCTOPUS** 8.25  
Roast turkey breast, house-made coleslaw, Russian dressing & Swiss, on our pumpernickel bread.

**MILES' DOUBLE TAKE** 11.50  
Turkey, smoked turkey, thick-cut bacon, Swiss cheese, arugula & tomato, with basil mayonnaise on our brioche roll.

**AUTUMN SKY** 11.50  
Smoked turkey breast, bacon, spinach, apples, cheddar cheese & whole grain mustard on sourdough.

### HAM, BACON & SALAMI

**LAURA'S SWEET SURPRISE** 10.95  
Pulled pork, manchego cheese, caramelized onions, strawberry jam & balsamic reduction served warm on our toasted French bread.

**WEST WILLOW BBQ** 9.95  
Pulled pork in Dinosaur BBQ sauce, served warm and topped with house-made coleslaw on our freshly baked brioche roll.

**C.T.B.L.T.** 7.25  
Bacon, lettuce & tomato with aioli dressing and avocado on our toasted sourdough bread.

**KING DUSTIN'S HOAGIE** 11.95  
Ham, salami, prosciutto, provolone, lettuce, tomato & onion with basil oil on our torpedo roll.

### BEEF

**DUKE OF LANSING** 9.50  
Rare roast beef, lettuce, tomato & Stilton cheese/whole-grain mustard spread on our hand-sliced pumpernickel bread.

**THE NEW YORKER** 10.50  
Pastrami with melted Swiss, Russian dressing & coleslaw on our toasted brioche roll.

**CARNEGIE** 12.95  
1/2 pound pastrami with deli mustard on our rye bread.

**GLUTEN FREE  
BREADS & BAGELS  
ADD 1.50**

## SPECIALTY SANDWICHES

### CHICKEN & FISH

**FULTON ST. MELT** 7.35  
House-made albacore tuna salad with tomato & melted cheddar, served open-face on our plain bagel.

**T-BURG WITH A TWIST** 8.00  
House-made tuna salad with avocado and tomato, on our pumpernickel bread.


**TUSCAN VERDE** 9.80  
Cage-free chicken breast with house-made pesto, fresh spinach, tomato & provolone, on our rosemary focaccia.


**MT. PLEASANT** 7.95  
House-roasted chicken breast, fresh spinach, tomato & chipotle aioli, on our sourdough bread.


**THE CUTLET** 9.95  
Chicken cutlet with Italian herbs, provolone, basil mayo & roasted red peppers served warm on our torpedo roll.


**AUGIE'S NEW SPIEDIE** 10.25  
Cage-free chicken breast, marinated in local spiedie sauce, roasted red peppers, onions, arugula & provolone, served warm on our toasted French bread.


### VEGETARIAN & VEGAN


 **VIVA CHELSEA!** 8.00  
Fresh mozzarella with basil oil, tomato, salt & pepper, on our rosemary focaccia.


 **JONAH'S JIVE** 6.50  
House-made hummus, fresh spinach, tomato, cucumber & house-made parsley-garlic dressing on our hand-sliced multigrain bread.


 **SUSIE'S GARDEN** 10.95  
Local lemon teriyaki seitan, vegan cheese, avocado, lettuce, tomato & sprouts, on our multigrain bread.


 **DEWITT MELT** 4.80  
House-made coleslaw, tomato & Swiss, served warm on our fresh bialy.

 **CAYUGA CROISSANT** 7.25  
Avocado, tomato, mushrooms, sprouts & house-made parsley-garlic dressing, on a croissant.

 **MICHIGAN HOLLOW** 7.85  
Balsamic-marinated portobello mushroom with roasted red peppers, house-made parsley-garlic dressing & provolone, served warm on our multigrain roll.

 **BUTTERMILK BIALY** 4.80  
Muenster, tomato sprouts & Dijon, served warm on our bialy.

 **EAST FALLS** 8.25  
Veggie burger, mushrooms, caramelized onions, Dinosaur BBQ sauce, tomato & Swiss, served warm on our multigrain roll.

 **VAN DORN'S VEGAN** 5.95  
House-made hummus, roasted red peppers, tomato & sprouts, on our oatmeal wheat bread.

**WE SERVE**  
*Beer,*  
*Wine, and*  
*Cider!*

(MEADOW ST. STORE ONLY)

LOOK FOR THESE SYMBOLS THROUGHOUT OUR STORES

WE CARRY

PROUD MEMBERS



LOCAL



ORGANIC



VEGETARIAN



VEGAN



PRIDE OF NEW YORK