



INDIVIDUALLY PACKED ENTREES

Available in the Grab 'N Go case at all Ithaca Bakery and Collegetown Bagels locations

MARCH 17-19

- Cheese Ravioli with SDT, Roasted Portobello and Pesto with Broccoli with Fresh Parmesan
- Balsamic Flank Steak with Cannelini Beans and Roasted Cherry Tomatoes
- Rosemary Garlic Roast Turkey with Prosciutto Sage Gravy and Roasted Butternut Squash Risotto
- Roasted Spaghetti Squash with Mushroom Bolognese and Garlic Mashed Potatoes

MARCH 20-23

- Baked Cod with Boiled Tomatoes, Herb Orzo & Zucchini Cheese Bake
- Chicken Cutlet with Penne Vodka & Zucchini Parmesan
- Fish & Chips with Coleslaw & Tartar Sauce
- Grilled Italian Sausage with Peppers, Caramelized Onions and Mashed Potatoes

MARCH 24-26

- Lemon Basil Shrimp with Quinoa and Roasted Broccoli
- Stuffed Shells with House Tomato Sauce, Broccoli Parmesan and Garlic Bread
- Italian Sausage Ravioli w/ White Wine Cream Sauce, Blistered Cherry Tomatoes and Long Island Seasoned Zucchini
- Brisket with Rosemary Demi-Glace, Garlic Roasted Carrots and Potatoes

MARCH 27-30

- Mahi Mahi Kebabs with Lime Dressing, Rice Pilaf & Asparagus
- Balsamic Grilled Chicken with Parmesan Risotto & Roasted Root Vegetables
- Fish & Chips with Coleslaw & Tartar Sauce
- Teriyaki Tofu with Turnips & Bok Choy in Miso Broth & Ginger Cilantro Rice