



INDIVIDUALLY PACKED ENTREES

Available in the Grab 'N Go case at all Ithaca Bakery and Collegetown Bagels locations

APRIL 2-4

- Cheese Ravioli with SDT, Roasted Portobello and Pesto with Broccoli with Fresh Parmesan
- Roast Pork Loin with Sage and Cider Cream, Portobello Risotto & Roasted Brussels Sprouts
- Shrimp, Chicken & Okra Saute with Jasmine Rice & Braised Collard Greens
- Grilled Flank Steak, Roasted Mushrooms, Peppers & Onions, Salt Potatoes, & Boom Boom Sauce

APRIL 5-8

- Pork Loin with Romesco Sauce, Roasted Potatoes and Green Beans with Mushrooms
- Teriyaki Glazed Salmon, Coconut Rice and Sugar Snap Peas with Cashews
- Citrus Roast Chicken with Zucchini Risotto, Cranberry Coulis & Steamed Broccoli
- Penne with Fresh Mozzarella and Creminis with Roasted Brussel Sprouts

APRIL 9-11

- Coconut Vegetable Curry with Almond rice Pilaf & Skillet Greens
- Chipotle Rubbed Pork Loin w/ Sweet Corn Cream, Baked Beans and Coleslaw
- BBQ Chicken Legs, Salt Potatoes and Grilled Asparagus
- Chicken Puttanesca with Herbed Couscous and Green Beans with Pine nuts

APRIL 12-15

- Grilled Chicken w/ Herbs, Penne, Spinach, Roasted Garlic and Tomato, Zucchini Parmesan
- Pan Seared Salmon w/ Dill & Horseradish Butter with Herb Cous Cous & Green Beans with Mushrooms
- Roast Pork Loin with Pan Gravy, Roasted Garlic Whipped Potatoes & Glazed Carrots
- Whole Wheat Penne with Vodka Sauce, Grilled Tomatoes & Zucchini Parmesan

APRIL 16

- Panang Curry Tofu with Coconut Cilantro Rice, Sugar Snap Peas and Carrots
- Jamaican Jerk Chicken w/ Spicy Black Beans and Grilled Pineapple & Jicama Salad
- Rosemary Pork Chop w/ Roasted Garlic Jus, Scalloped

Potatoes and Corn Saute

- Teriyaki Salmon with Peanut Noodles and Sugar Snap Peas

APRIL 19-22

- Grilled Chicken Florentine with Rice Pilaf & Broccoli
- Spicy Garlic Tofu with Fried Rice & Sugar Snap Peas with Carrots
- Chicken & Snap Peas with Rotini Pasta and a Creamy Garlic Herb Sauce
- Bucatini Pasta with Olives & Sun-dried Tomatoes and Broccoli with Wine & Garlic

APRIL 22-30 (PASSOVER MEALS)

- Manischewitz Braised Brisket with Passover Beets & Rosemary Potatoes
- Pandora Salmon with Passover Beets & Rosemary Potatoes
- Matzoh Crusted Chicken Schnitzel with Passover Beets & Rosemary Potatoes

APRIL 23-25

- Tortellini Cacciatore and Green Beans with Sun-dried Tomatoes Roasted Garlic
- Hawaiian BBQ Pulled Pork with Corn Bread and Asian Vegetable Stir Fry
- Balsamic Grilled Chicken with Tortellini & Sun Dried Tomato and Roasted Zucchini

APRIL 26

- BBQ Flank Steak with Roasted Potatoes and Baked Beans
- Balsamic Grilled Chicken with Parmesan Risotto & Roasted Root Vegetables
- Baja Quesadilla, Green Rice w/ Oven-Dried Tomatoes and Hominy and Corn with Roasted Red Peppers and a side of Sour Cream